

Children's Fitness Tax Credit Eligibility Checklist

The Ontario Government asks

Camp California Answers

1. Is the program suitable for children under 16 years of age? **Yes**

Note: The program should be physically safe, not place children at undue risk and comply with safety regulations.

2. Does the program operate at least once a week for a minimum of eight consecutive weeks **or** over a period of at least five consecutive days? **Yes**

3. Answer Question A below if your program operates for a minimum of eight consecutive weeks with one or more sessions per week. Answer Question B if your program operates for at least five consecutive days.

A) Do approximately 90% of the activities in the program include a significant amount of physical activity that contributes to cardio-respiratory endurance **plus** one or more of muscular strength, muscular endurance, flexibility or balance? **Yes**

B) Do physical activities make up 50% or more of structured program hours? If yes, do approximately 90% of these physical activities include a significant amount of physical activity that contributes to cardio-respiratory endurance **plus** one or more of muscular strength, muscular endurance, flexibility or balance? **Yes**

Note: Activities qualify if they require a cardio-respiratory contribution at least equivalent to that of a brisk walk.

4. Is a supervisor present and sufficiently engaged to encourage active participation by the children? **Yes**

Note: Explicit instruction or coaching is not needed to meet this requirement.